## 5 We claim:

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- 1. A method of delivering an oligonucleotide or a plasmid expressing an oligonucleotide into a target cell comprising:
- a) introducing the oligonucleotide or the plasmid into a donor cell; and
- b) contacting the target cell with the donor cell under conditions permitting the donor cell to form a gap junction channel with the target cell, whereby the oligonucleotide, the plasmid expressing the oligonucleotide or a peptide product thereof is delivered into the target cell from the donor cell.
  - 2. The method of claim 1, wherein the oligonucleotide is RNA that can traverse the gap junction or be transcribed into a peptide that can traverse the gap junction.
- 25 3. The method of claim 1, wherein the oligonucleotide is DNA.
- 4. The method of claim 1, wherein the oligonucleotide is an antisense oligonucleotide or a cDNA that produces an antisense oligonucleotide that can traverse the gap junction.
  - 5. The method of claim 1, wherein the oligonucleotide is a siRNA oligonucleotide or a cDNA that produces a siRNA oligonucleotide that can traverse the gap junction.
    - 6. The method of claim 1, wherein the oligonucleotide is a DNA or RNA that produces a peptide that can traverse the gap junction.

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- 7. The method of claim 1, wherein the plasmid encodes siRNA.
- 8. The method of claim 1, wherein the oligonucleotide comprises 12-24 nucleotides, preferably 18-22 nucleotides.
  - 9. The method of claim 1, wherein the donor cell is a human mesenchymal stem cell.
- 10. The method of claim 1, wherein the donor cell is a cell containing, or engineered to contain a connexin protein.
- 11. The method of claim 1, wherein the target cell is present in a syncytial tissue.
  - 12. The method of claim 11, wherein the cell in the syncytial tissue is selected from the group consisting of a cardiac myocyte, a smooth muscle cell, an epithelial cell, a connective tissue cell, and a syncytial cancer cell.
  - 13. The method of claim 1, wherein the target call is a white blood cell.
- 14. The method of claim 1, wherein the gap junction channel is composed of connexin 43.
  - 15. The method of claim 1, wherein the gap junction channel is composed of connexin 40.
    - 16. The method of claim 1, wherein the gap junction channel is composed of connexin 45.

- The method of claim 1, wherein the gap junction channel is composed of connexin 32.
  - 18. The method of claim 1, wherein the gap junction channel is composed of connexin 37.
  - 19. The method of claim 1, wherein the gap junction channel is composed of at least two of connexion 43, connexin 40, connexin 45, connexin 32 and connexin 37.

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- 15 20. A method of delivering an oligonucleotide into a target cell comprising:
  - a) introducing an oligonucleotide into a human mesenchymal stem cell or other donor cell; and
  - b) contacting the target cell with the human mesenchymal stem cell or other donor cell under conditions permitting the donor cell to form a gap junction channel with the target cell, whereby the oligonucleotide or a peptide product expressed therefrom is delivered into the target cell from the donor cell.
  - 21. A method of delivering an oligonucleotide into a syncytial target cell comprising:
    - a) introducing an oligonucleotide into a donor cell;
      and
- b) contacting the syncytial target cell with the donor cell under conditions permitting the donor cell to form a gap junction channel with the syncytial target cell, whereby the oligonucleotide is delivered into the syncytial target cell from the donor cell.

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- 22. A method of delivering RNA into a target cell comprising:
- a) introducing RNA or a plasmid transcribable into RNA into a donor cell; and
  - b) contacting the target cell with the donor cell under conditions permitting the donor cell to form a gap junction channel with the target cell, whereby the RNA or the plasmid is delivered into the target cell from the donor cell.
  - 23. A method of delivering DNA into a target cell comprising:
    - a) introducing a DNA or a plasmid coding for the DNA into a donor cell; and
- b) contacting the target cell with the donor cell under conditions permitting the donor cell to form a gap junction with the target cell, whereby the DNA or the plasmid is delivered into the target cell from the donor cell.